

What to do:

1. Print this page.
2. Using the lines cut out your message card. You could use a hole-punch to create the hole (*be safe and ask an adult to help or supervise you when using scissors*).
3. Write a message about why you're walking.
4. Thread a ribbon or string through the hole and during your walk tie the card somewhere special.
5. Take a photo and upload it to your social media or fundraising page.
6. If you hang it in a public place, please remember to take it down when you finish your walk.

